

SGA Govt. Degree College (A), Yellamanchili

Women Empowerment Cell

Report on

Awareness Programme on Safe and unsafe Touch

02.09.2025

An awareness program on safe and unsafe touch aims to educate students, on personal safety by teaching them to differentiate between appropriate and inappropriate physical contact. The Chief Guest Smt. Savitri, Sub Inspector of Police addressed the students through her deliberate lecture

Key components include

- Defining safe touches (like hugs or high-fives) versus unsafe touches (involving private body parts or causing fear/discomfort), identifying a "trusted circle" of adults to confide in,
- Empowering individuals to say "no" and report unsafe situations.
- Help participants identify a list of trusted adults they can talk to if an unsafe touch occurs, such as a parent, teacher, or other family member
- Teach participants to report an unsafe touch to a trusted adult immediately. Many programs also provide information on resources like child helplines.
- These programs are crucial for preventing sexual abuse and promoting a sense of bodily autonomy and emotional well-being.



